

TIFERET PACKING LIST

When packing for your year at Tiferet, please keep in mind that from September until November the days can be very warm but the evenings are often cool. November through March can be cold and wet. Due to the warm climate, homes in Israel are not insulated like homes in North America and England. Therefore, we recommend bringing light clothing for the early fall and spring and preparing layered clothing for the winter months to wear both indoors and out. **We highly recommend that you do your best to not over-pack.** Please be aware that many top American brand names can be purchased in Israel for a small premium (for example: American dhampoons and deodorants, Duracell, Kodak, Colgate, Always, etc...). A large selection of American foods and products are sold in all of the nearby grocery stores and supermarkets in Ramat Beit Shemesh.

Here is a suggested packing list:

Sweaters	Toiletries
Sweatshirts	Contact lens supplies
Sweatpants/Leggings (under skirts for Tiyulim)	Camera and film
Waterproof warm boots (for a rainy winter)	Flashdrive
Winter coat	Hiking shoes
Clothes hangers (there are none in the dorms)	Hiking skirts
Rain gear	Exercise clothing
Sleeping bag (optional)	Running Shoes
Sheets and pillowcases (2-3 sets)	Non-leather Shoes (for Yom Kippur)
Pillow	Small travel bag (for weekends)
Blanket	Shabbat clothing*
Pajamas (Summer and Winter)	Undergarments
Robe	Socks
Towels	Tights/stockings
Laundry bag	Flashlight
Hat/bandana (for tiyulim)	Notebooks
Sunscreen	Stainstick
Bathing Suits	Spending money**
Purell	Plug adapter

* Shabbat clothing in Israel tends to be somewhat less formal than in America, Canada or England. Please pack accordingly.

**Everyone's expenses are different. Settling-in at the beginning of the year is more costly than the rest of the year. One should always have a small amount of "emergency cash" on hand. A safe will be provided for your money and passport. The local money changers will cash our student's checks and there is an ATM for cash withdrawals.